

Melba's Community Connections

Term 3 Timetable 2026

MONDAY

Places of Interest
Melba kitchen
Swimming
Out and About
Lawn Bowls
BBQ crew
Morning Melodies
Coffee Club

TUESDAY

Fruit Bunch
ECOSS
Bowling League
Newspaper
round/CFA
Mowing
Art/Bingo
Grooving in the
pool

WEDNESDAY

Art / Disco
Morning Melodies
Community
lunch
Cooking
Swimming
Eggs on Legs
Newspaper round

THURSDAY

Art
Yarra Ranges in
a box
Dance Fit
Community
lunch/Music
Mowing
Sustainability

FRIDAY

Melba kitchen
Swimming
Ball Sports
Making music

Download the timetable for a detailed description of all programs

Program	Description	Program	Description
Places of interest	Explore your community and enjoy a range of local activities with a supportive group. Develop skills in planning outings, managing money, and navigating new environments while socialising and discovering new places.	Morning melodies	Get together with others while you sing , dance and enjoy a range of music.
Melba kitchen	Our newest program – learn a range of skills needed for a hospitality environment, including making great coffee, food safety and hygiene, customer service and money handling.	Coffee club	Expand your social network by enjoying coffee or tea with others. Share conversations about your passions and hobbies while exploring different venues together. Write and share reviews of places you visit.
Swimming/ Grooving in the pool	Spend some time in the water building both confidence and fitness at your own pace.	Fruit brunch	An apple a day keeps the doctor away! Take orders for fresh apples before going to get great fresh produce and delivering it to your customers.
Out and about	A fun, flexible program that explores local parks, shops, community events, and interesting places. It's all about getting outdoors, trying new things, and connecting with the community.	Bowling League	A weekly bowling session where you can join a friendly league, celebrate personal milestones, and enjoy some healthy competition. It's a great way to be active and social in a fun community environment.
Lawn bowls	Based at Yarra Glen Bowls Club, this relaxed and social sport encourages teamwork, focus, and gentle movement. Whether you're a beginner or experienced, it's a great way to have fun and socialise.	Community lunch	Build friendships through a shared meal where everyone comes together to chat and enjoy good food.
BBQ crew	A relaxed social gathering featuring a classic BBQ lunch and good conversation. It's a perfect way to unwind, meet new people, and enjoy time together in a casual setting.	Hands on	A supportive, social space where people can come together to work on practical projects, share skills, and connect. It encourages friendship, hands on learning, and meaningful contribution.

Program	Description	Program	Description
Yarra Ranges in a box	Play a part in fresh produce distribution. Take orders for boxes before selecting, packing and delivering quality fruits and vegetables from fresh produce outlets.	Ball sports	Ball sports are a popular and fun way to stay active. Enjoy the lively atmosphere and socialise in this group activity.
Dance fit	An energetic movement program that blends simple dance routines with low impact fitness. It's a great way to get active, boost confidence, and enjoy music with friends.	Making music	Explore the joy of music and engage in activities like playing instruments, singing, and rhythmic exercises to improve your wellbeing in a supportive environment. Discover the benefits of music with us.
Coffee, cake and bingo	A relaxed social group that enjoys coffee, sweet treats, and a playful version of bingo designed for laughs. It's all about connection, conversation, and having fun together.	ECOSS	Immerse yourself in the sustainable practices and vibrant community life of ECOSS in Yarra Valley. Take part in hands on learning about eco-friendly living, including organic farming, renewable energy, and environmental conservation. Engage in activities such as gardening, permaculture, and workshops on sustainability, fostering a deep connection with nature and community.
Eggs on Legs	Start the day taking order for fresh eggs before heading off to source and deliver them.	Art	Explore the joy and benefits of art in a supportive environment. Choose from a range of arts and creative activities to express yourself, manage stress, and enhance your wellbeing. This program focuses on using art as a tool for self discovery and personal growth.
Mowing	Gain practical experience in lawn care, including mowing, brush cutting, pruning, and weeding. Develop skills in writing quotes, handling money, customer service, and machine maintenance.	Cooking	Learn to cook by working together as a group to create your own meals. Develop skills in cooking, food handling, and kitchen safety. Experience the entire cooking process, including planning, recipe development, shopping, budgeting, meal planning and cleaning.
Sustainability	Explore the principles of sustainability through hands on learning about recycling and waste management. You'll engage in activities such as sorting and recycling various materials, collecting cans, and discovering what happens to them next.		