



You lead, we support

For over 50 years, Melba has stood beside Victorians with disability, championing choice, dignity, and dreams. We are proud to be a registered NDIS provider and everything we do is built around what matters most. You!

Human rights are the framework that Melba is built on. Everything we do starts with you:

- > **your choices**
- > **your dignity**
- > **your right to do what you want.**

Living life your way looks different for everyone. From where you live and where you work to the people you see and what you eat – these are just some of the choices we all make each day to live a life that's fabulous.

With Melba, you lead, we support. This means you're the one that leads the planning of your support, ensuring every decision matches what you want, your interests and your lifestyle.

1300 696 352 engagement@melbasupport.com.au

Supported Independent Living | Respite | Day to Day Support | Day Programs
Leisure and Recreation | Positive Behaviour Support | Occupational Therapy

Supported Independent Living

We know that where you live matters, talk to us about where, how and with who you want to live. At Melba, we're here to work with you to find your home and make it truly yours.

Supported Independent Living (SIL) is all about you finding the right balance of support and independence. It's about freedom, confidence and living life, your way. We provide SIL in a range of housing options from shared living with round the clock support to support as required in your own apartment.

Respite

Respite looks different for everyone, from a relaxing weekend to a week full of activities. It's a chance to take a break in a fully supportive environment.

We are a child safe organisation and provide respite for adults and children aged seven and over. Melba has respite locations across Victoria including Ballarat, Gippsland and Bayside. Adults and children never attend respite at the same time.

Individualised Support Arrangements

Looking for support at home for daily living activities such as personal care or getting the shopping done. Maybe you want support at events like concerts and markets or joining a local community group? Why not have a bit of everything with Melba.

Individualised Support Arrangements (ISA) is one to one support tailored for you to live life your way, this could be out and about in your community, or support in your own home.

It's about providing access to a range of supports that you can choose from supports that align with your sense of independence, your interests, and what brings you joy.

Day programs

There's something for everyone with our day programs. Discover your passion across our three vibrant day programs: unleash your creativity through artist-led workshops at **Arthur Creative** (Ballarat & Lilydale), explore nature and connect with others at **Breaking Ground** in beautiful Mount Martha, or get social, learn something new by diving into fun experiences at **Community Connections** in Lilydale. From emerging artists to adventure seekers – find your community and do what you love.

Leisure and recreation

Leisure and recreation is our tailored, fee-for-service option for you to plan and set off on your next adventure. We have scalable levels of support and provide a range of small group or solo holiday options. From day trips to Bendigo, a weekend in Brisbane or a few weeks in Barcelona. The world is a big, fabulous, fun place and we believe everyone should have the opportunity to explore it!

At Melba we take a person-centred, holistic approach to health and wellbeing. This “wraparound” approach places the person at the centre of a support system that includes their family, healthcare providers and Melba employees.

Positive Behaviour Support

Need help with behaviours that are putting people at risk and stopping you living your best life? Do you sometimes feel overwhelmed, frustrated, or scared, and don't know how to explain why or ask for help?

Positive Behaviour Support can help. It's a trauma-informed, human rights and evidence-based approach that is creative and flexible and will support you to feel heard.

Occupational therapy

Occupational therapy can unlock new possibilities that matter to you. Whether you're looking to develop new skills, access equipment, or tackle specific challenges, we're ready to support you every step of the way.



“It means the world to me knowing that when my son is at Melba respite, he’s in a space where he’s valued, respected and well supported” – Ruby

We are proud to do things a little differently, we call it The Melba Way and it guides each and every team member.



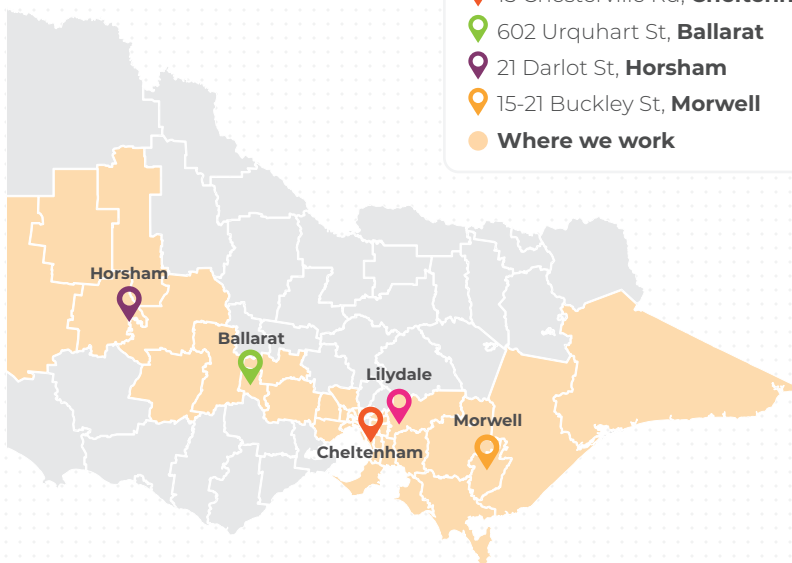
We ask questions, listen to what people need and want, then tailor all supports to meet those needs. It's how we bring our values to life every day. It's about creating personalised support every minute, every hour, every day.

We're here to celebrate your individuality and support you to do what you want.

Supporting Victorians for more than 50 years.

Melba Offices

- 40-50 Melba Ave, **Lilydale**
- 15 Chesterville Rd, **Cheltenham**
- 602 Urquhart St, **Ballarat**
- 21 Darlot St, **Horsham**
- 15-21 Buckley St, **Morwell**
- Where we work**



Contact us



1300 696 352 | engagement@melbasupport.com.au



@melba_support |



@melbasupport

Scan the QR or visit melbasupport.com.au

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