





Melba offers both short term and medium term, planned overnight respite. Respite can be funded from your NDIS plan, through Carer Gateway or paid for privately.

Short term overnight respite is up to 28 days per year.

Medium term overnight respite is up to 90 days per year.



Scan the QR code to find out more.

## For more information:

- **(696 352**
- engagement@melbasupport.com.au
- (d) melbasupport.com.au

# Everyone needs a break sometimes.

Melba has a range of respite options for children (aged 7 and over) and adults across the Bayside and Gippsland areas.

# Why choose Melba Respite?

### **Professional support**

Highly trained and experienced support workers on a 24/7 roster

### **Tailored experiences**

Activities designed to match your interests and preferences

#### Peace of mind

Supportive environment

We are committed to protecting the human rights of people with disability, supporting them in achieving their goals and maintaining a zero-tolerance approach to violence, abuse, neglect and exploitation.

"It means the world to me knowing that when my son is at Melba respite, he's in a space where he's valued, respected and well supported" - Ruby



# There is no one size fits all at Melba, respite looks different for everyone. It might include:

# Socialising

Build friendships and enjoy group activities.

### **Local outings**

Experience fun trips to the movies or local attractions.

### **Special events**

Head to a festival, concert or sporting event.

### **Exploring nature**

Visit local parks, gardens or accessible paths and trails.

Make yourself at home - whether you're into video games, binge watching your favourite shows, getting creative with arts and crafts, or simply curling up on the couch with a good book.

Whether you're looking for a relaxing weekend or a week full of fun, talk to us about how we can support you.

