

You lead, we support



Melba is a proud NDIS registered provider that supports people to dream big, live large and lead fabulous lives. We work with you to design and deliver support that celebrates your uniqueness and personal goals.

Our person-led approach is driven by you and built on a human rights values-based framework.

We provide services to children, young people and adults, across metropolitan Melbourne and regional Victoria.



Home and living options

Supported Independent Living (SIL) – 24/7 support in your home. This is generally provided when a person lives in an SDA (Specialist Disability Accommodation) built/renovated home. This may be an apartment, unit, townhouse, shared living or group home, that is built or designed to SDA requirements. This also includes SIL support in your home that is not an SDA.

Individualised Living Options (ILO) – support that fits your lifestyle. Support may be 24/7 or a couple of hours a day. This may be in a self-funded home or a rental property, whether you live on your own or with others.

Holidays and short breaks

Short Term Accommodation and Assistance (STAA) commonly known as **respite** offers fun short breaks in a supportive environment. We have a range of respite options for children, young people and adults in Ballarat, Gippsland, and southern Melbourne. Respite with Melba may be a relaxing weekend away to a week of full activities, whatever works for you.

Our **Leisure and Recreation Program** provides you with tailored holiday options. This ranges from day trips to overseas holidays.

Individualised supports

Melba provides individualised **one-to-one support that's tailored to suit your life and your goals in ways that work best for you**. This could be furthering life experiences, whether that be social, recreational, at home or out and about in your community. It may be skill development and vocational support, it could also be everyday household tasks like grocery shopping and personal support, through to getting to appointments.

Community participation and inclusion

Melba's Programs of Support (POS) offer you opportunities to explore your favourite community activities, enjoy day services or something new altogether. We will work with you to set goals and plan your services and support to live life in your own style.

Positive Behaviour Support

We are an NDIS registered provider of Positive Behaviour Support, a respectful, effective way of supporting people who use behaviours of concern to express unmet needs. At Melba we say behaviours of protest and we work closely with people to understand and address what they are trying to communicate with these behaviours.

Contact us

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Scan the QR or visit
melbasupport.com.au