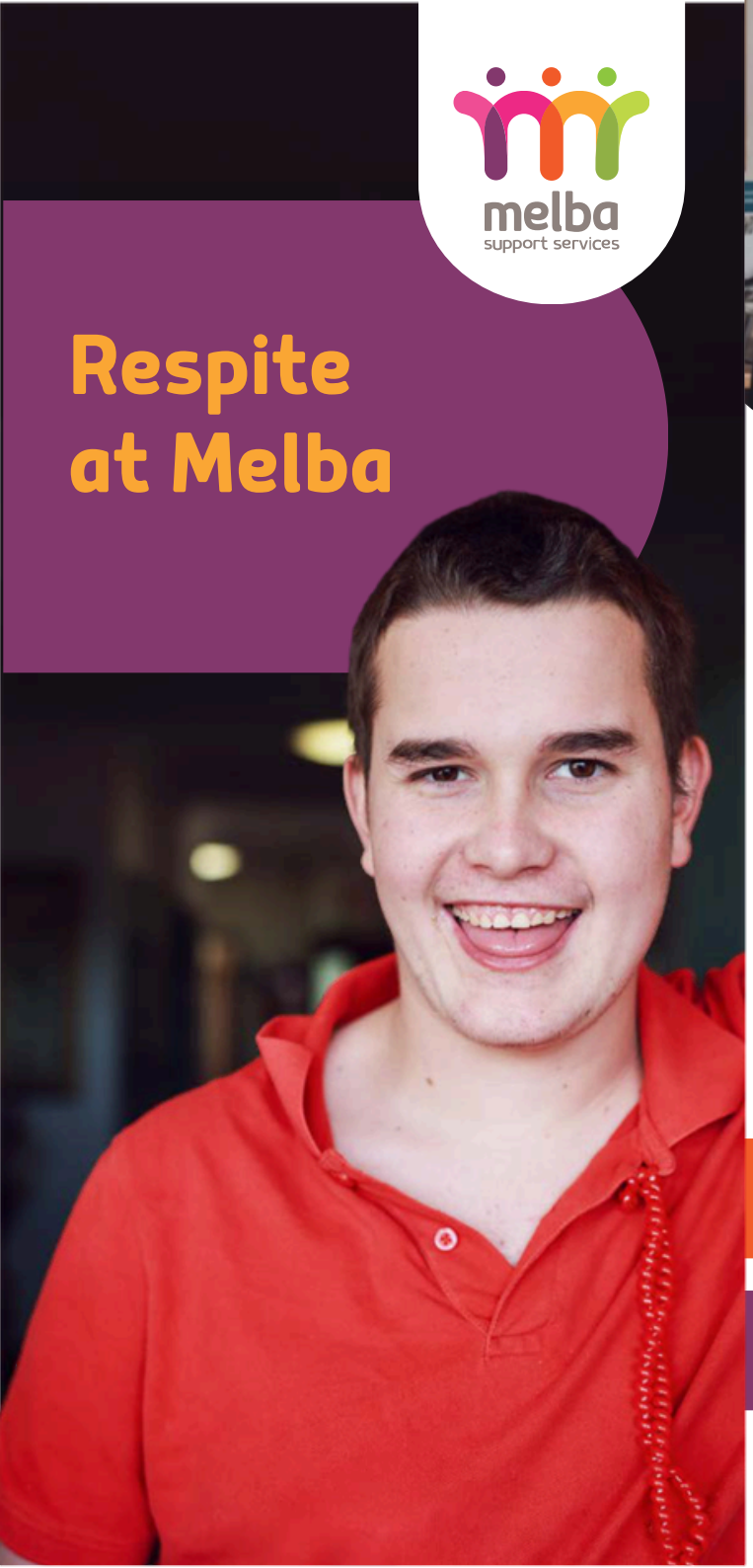
Respite at Melba





Everyone needs a break sometimes.

Melba has a range of respite options for children (aged seven and over) and adults across Victoria.

Melba is committed to creating and maintaining a child safe organisation, in line with Child Safety Standards, adults and children never attend at the same time.

Melba has a range of respite options across Victoria that offer individual and group activities. It's all about you! Have fun, build confidence and friendships and learn new things.

Melba offers both short and medium term, planned overnight respite. Respite can be funded from your NDIS plan, through Carer Gateway or paid for privately.

Short term overnight respite is up to 28 days per year.

Medium term overnight respite is up to 90 days per year.

Why choose Melba Respite?

Professional support
Highly trained and experienced support workers on a 24/7 roster

Tailored experiences
Activities tailored to your interests and preferences

Peace of mind
NDIS registered provider of quality, person led support.

Like everything at Melba, there is no one size fits all approach to respite – it looks different for everyone, from a relaxing weekend to a week full of activities. It's a chance to take a break in a fully supportive environment.

It might include:

- **Socialising**
  Build friendships and enjoy group activities
- **Local outings**
  Trips to the movies or local attractions
- **Special events**
  Head to a festival, concert or sporting event
- **Exploring nature**
  Visit local parks, gardens or accessible paths and trails
- **Relaxing**
  Video games, binge watching your favourite shows, getting creative with arts and crafts, or simply curling up on the couch with a good book



Whether you're looking for a relaxing weekend or a week full of fun, talk to us about how we can support you.

Melba support workers are highly trained and most of our respite houses have equipment and features built for complex support needs. Melba support is tailored to what works best for you. Talk to us about what you're looking for, and we can suggest the best respite location for you.

Melba Respite locations

- Traralgon
- Sebastopol
- Warragul
- Miners Rest
- Cranbourne



Scan the QR code to find out more

Formore information

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