



## Everyone needs a break sometimes.

Melba has a range of respite options for children (aged 7 and over) and adults across the Ballarat area.

### Why choose Melba Respite?

#### Professional support

Highly trained and experienced support workers on a 24/7 roster

#### Tailored experiences

Activities designed to match your interests and preferences

#### Peace of mind

Supportive environment

We are committed to protecting the human rights of people with disability, supporting them in achieving their goals and maintaining a zero-tolerance approach to violence, abuse, neglect and exploitation.

"It means the world to me knowing that when my son is at Melba respite, he's in a space where he's valued, respected and well supported" - Ruby



# Respite Ballarat



Registered  
NDIS Provider

**Melba** offers both short term and medium term, planned overnight respite. Respite can be funded from your NDIS plan, through Carer Gateway or paid for privately.

**Short term overnight respite**  
is up to 28 days per year.

**Medium term overnight respite**  
is up to 90 days per year.



**Scan the QR code**  
to find out more.

### For more information:

- 1300 696 352
- [engagement@melbasupport.com.au](mailto:engagement@melbasupport.com.au)
- [melbasupport.com.au](http://melbasupport.com.au)

**Respite with Melba offers a variety of engaging and enjoyable activities, such as:**

#### **Socialising**

Build friendships and enjoy group activities

#### **Local outings**

Experience fun trips to the movies or local attractions

#### **Special events**

Head to a festival, concert or sporting event

#### **Exploring nature**

Visit local parks, gardens or accessible paths and trails

Make yourself at home - whether you're into video games, binge-watching your favourite shows, getting creative with arts and crafts, or simply curling up on the couch with a good book.

**There is no one-size-fits-all at Melba so whether you're looking for a relaxing weekend or a week full of fun activities talk to us about how we can support you.**

### **Children only**

#### **Respite at Westcliffe, Sebastopol**

- Multiple living areas and a big backyard with sandpit and trampoline
- Visit local attractions like Lake Wendouree
- Make new friends and try a range of activities
- Suited for complex and high physical support needs



### **Children and adults\***

#### **Respite at Errard, Ballarat**

- Central location close to shops and community activities
- Meet new people and check out local cafes and shops
- Shoot some hoops (basketball), have a game of pool or air hockey
- Suited for complex support needs



Westcliffe, Sebastopol

Howe, Miners Rest

#### **Respite at Howe, Miners Rest**

- A light, bright home with a relaxed feel
- Get active with local accessible trails and paths
- Meet new people or catch up with friends at a local cafe
- Suited for complex and high physical support needs

\*We take safety seriously, based on Child Safety Standards, children and adults do not attend at the same time.



Errard, Ballarat