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| **Arts Program** **Information Pack** |  | |
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**Arts Program**

Information Pack

**2019**

**About Us**

Melba is an innovative not for profit organisation that provides individualised services to more than 100 people with disability. The Arthur Creative Division is based in Ballarat and supports people in the City of Ballarat, Hepburn Shire, Moorabool Shire and Golden Plains Shire Local Government Areas.

Melba provides the following services for people with disability in Ballarat and surrounds;

* Direct Support
* Service Coordination
* Person Centred Planning
* Program Delivery

Melba staff strive to create customised services for all the people we support. An important part of our work is also to work with our community and help them to understand that a person with a disability is primarily that - A person first. Our individualised flexible support service enables people to access their community or receive the support they require at home, or both!

The Arthur Creative Services Division offers arts programs that encourage and facilitate high quality arts and cultural activity within Ballarat, whilst promoting a wider acceptance and participation in a professional arts context by people with a disability. Our arts programs also offer commercial, exhibition and professional development opportunities for artists with a disability interested in pursuing commercial / career pathways.

**This is achieved via:**

* A range of arts based workshops for emerging and established artists with disability. The core programs are designed for beginners who are wanting to get an introduction into the arts, or can also be used as a working supported studio base for more established artists. The pathway programs are designed for artists who have been established within the arts and are wishing to pursue an arts pathway to independent practice (either studio based or within the community)
* Provision of and participation in local events and festivals
* Continuous strategic work on the development and implementation of a multimodal arts space for creation and housing of above and broader community arts activity.

Arthur Studio is located and operates from 602 Urquhart Street, Ballarat, 3350

For further info: visit [www.Melbasupport.com.au](http://www.Melbasupport.com.au) or [www.arthurcreative.com.au](http://www.arthurcreative.com.au) and feel free to make a time to come and speak our staff.

**The Program**

Arthur Creative offers a range of arts based workshops for emerging and established artists with disability.

The core programs are designed for beginners who are wanting to get an introduction into the arts, or can also be used as a working supported studio base for more established artists.

The pathway programs are designed for artists who have been established within the arts and are wishing to pursue an arts pathway to independent practice (either studio based or within the community).

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| Morning | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Studio Art  10am – 1pm | Mixed Media / Film (The Box)  10am – 1pm | Drama (Matchbox)  10am – 1pm | Progressive Studio  10am – 3pm | Screen Printing  10am – 1pm |
| Music, drama, dance and visual arts  (Jack in The Box)  10am – 1pm | Visual Art  (Paintbox)  10am – 1pm |
| Afternoon | Mixed Media / Film (The Box)  1.30pm – 4.30pm | Photography (The PhotoBox)  1.30pm – 4.30pm | Visual Art  (Paintbox)  2pm – 5pm | Photography  1.00pm – 3.00pm | Screen Printing  1.30pm – 4.30pm |
| Drama  (Boxhead)  2pm - 3.30pm |

The Arthur Studio Program operates on a school term calendar to allow some down time for the artists involved.

**Core Programs**

All of the core programs can have a “roving support” person employed to assist individuals with any personal support needs they may have. This person will also be available to assist with transition into group settings. Upon enrolment please indicate if you require this service.

**Jack-In-The Box (Music Focused)**

Jack in the Box is an inclusive creative group where the emphasis is on having fun, building confidence and creativity, and engaging in play as adults. Play is as important for adults as for children and has been proven to enhance problem solving skills, relationship building, boosting happiness and motivation. The element of surprise in play and the opportunity for self-expression that comes with it is invaluable in building self-confidence, being physical, and having a whole body experience.

The group will be led by a multi modal arts practitioner who will provide a variety of techniques to enable and encourage people to explore the process of play and the skills that come with it. Music is the main medium used, but drama, dance and visual arts will be drawn upon to provide ways for individuals to engage and to learn.

**Participants:** Adults with disability who have an interest in the arts or who are practicing as an artist

**Eligibility:** Maximum of 10 individuals per session

**Cost:** NDIS participant cost per session, 40 sessions per year (includes materials).

**When:** Monday’s (term based) 10am - 1pm

**Studio Art**

Studio Artis an inclusive creative group led by professional artists. The workshop will encourage building basic skills and confidence. Exploring art making with various mediums including but not limited to printmaking, painting and drawing.

Artists can choose to be led through art activities and set projects by the lead artist. Or assisted to design and develop their own individual projects and approaches.

Studio Arts suits both beginners and experienced artists seeking to develop their art practice.

**Participants:** Adults with disability who have an interest in the arts or who are practicing as an artist

**Eligibility:** Maximum of 10 individuals per session

**Cost:** NDIS participant cost per session, 40 sessions per year (includes materials).

**When:** Monday’s (term based) 10am - 1pm

**The Box (Mixed Media/Film**)

The Box examines the process of making film and will be led by a professional artist. Pre-production, script writing, casting, editing and screening are the elements that will be explored and implemented to create film. Group members will also be involved in developing props and designing sets, experimenting with different styles of animation (including creation of characters and bringing them to life), and learn about film genre and its application.

**Participants:** Adults with disability who have an interest in the arts or who are practicing as an artist

**Eligibility:** Maximum of 10 individuals per session

**Cost:** NDIS participant cost per session, 40 sessions per year (includes materials).

**When:** Monday’s 1.30pm – 4.30pm, Tuesday's 10am – 1pm and (term based)

**PhotoBox (Photography)**

Photography has been created for people who use photography as an artistic medium and for others who would like to learn the basics of photography and how to make better use of the myriad technology available to us today. Whether you choose to use a DSLR camera (digital single lens reflex), smart phone, or IPad, the principals taught will serve to enhance your photographic practice. Composition and light, how to work your way around a DSLR, Photo shop and other software are just some of the aspects that will be explored within PhotoBox.

**Participants:** Adults with disability who have an interest in the arts or who are practicing as an artist

**Eligibility:** Maximum of 10 individuals per session

**Cost:** NDIS participant cost per session, 40 sessions per year (includes materials).

**When:** Tuesday's (term based) 1.30pm-4.30pm, Thursday’s (term based) 1.00pm-3.00pm

**MatchBox Theatre Making Workshops (Performing Arts)**

MatchBox is an inclusive creative ensemble and consists of weekly workshops to develop original works and build up skills in the performing arts sector. The group is also focused on improvisation and movement and exploration of Multi Media and Film. We envisage all MatchBox participants enjoying a safe but exciting environment where our creative direction provides every opportunity for personal expression and self-determination.

**Participants:** Adults with disability who have an interest in the arts or who are practicing as an artist

**Eligibility:** Maximum of 10 individuals per session

**Cost:** NDIS participant cost per session, 40 sessions per year (includes materials).

**When:** Wednesday's (term based) 10am - 1pm

**Boxhead Ensemble**

Boxhead exists in the form of a 10 - person performance based group. Boxhead members identify not only as performers, but as artists who move through and across a broad spectrum of creative modalities. Each performer has arrived with their own experience and concept of “theatre” and “performance”. Boxhead make one major work a year and meet weekly for creative development and skill development. At times Boxhead also support Matchbox Theatre Making Workshop participants with mentoring and creative leadership. We engage guest artists when exploring specialized work.

**Participants:** Adults with disability who have an interest in the arts or who are practicing as an artist

**Eligibility:** Maximum of 10 individuals per session.

**Cost:** NDIS participant cost per session, 40 sessions per year (includes materials).

**When:** Friday’s (term based) 2pm - 3:30pm

**PaintBox**

PaintBox is an inclusive creative group led by professional artists. PaintBox consists of weekly workshops to develop original works, build up skills in the visual arts sector, explore and enhance the artist’s unique expressive identity and experiment with multimodal art making techniques.

PaintBox studio accommodates emerging and established artists. Artists are led through planned activity and also have time and guidance to work on independent projects. We also offer exhibition and professional development opportunities for those interested in pursuing commercial/career pathways.

**Participants:** Adults with disability who have an interest in the arts or who are practicing as an artist

**Eligibility:** Maximum of 10 individuals per session.

**Cost:** NDIS participant cost per session, 40 sessions per year (includes materials).

**When:** Wednesday's (term based) 10am – 1pm or 2pm - 5pm

**Screen Printing**

Screen printing is a workshop for artists interested in learning various printing techniques. Printmaking can be used in many ways in art to explore ideas and the workshop covers screen printing as well as linocuts.

Screen printing techniques are explored in this workshop ranging from basic to advanced techniques to cater for artists experience in the medium. This ranges from how to design stencils to how to pull an image from a screen using silkscreen inks.

All of the equipment and basic materials are supplied for this workshop. And there’s an opportunity for artists to be involved in both exhibitions and further product development.

**Participants:** Adults with a disability who have an interest in visual arts.

**Eligibility:** Maximum of 6 individuals per session.

**Cost:** NDIS participant cost per session, 40 sessions per year (includes materials).

**When:** Friday’s (term based) 10am – 1pm or 1.30pm – 4.30pm

**Pathway Programs**

**Progressive Studio**

The progressive studio provides weekly access to artists who identify as having a disability. Progressive studio operates as an open studio environment where artists attend in a set block of time to work on individual projects and directions. The leading artists are practicing visual artists and can assist and offer direction in the studio. The studio encourages artists to exhibit and develop their art practice whether this is a beginning or experienced level.

Artists will be informed of exhibition opportunities in both mainstream and disability led events throughout the year when these events arise.

**Participants:** Adults who identify as having a disability.

**Cost:** NDIS participant cost per session, 40 sessions per year (includes materials).

**Eligibility:** Emerging or established artists interested in exploring art career pathways.

**When:** Artists are required to commit to a weekly 2 or 3 hour block that can be booked on Thursday’s between 10am – 3 pm.

**Individual Creative Development Program** (Multi Arts).

Arthur can work with you and your support people to plan a specialized arts program.

 This could include (but not limited to!):

* + Working 'one on one' with a professional artist for tuition/technique development.
  + Participation in a series of 'one on one' workshops to develop a pathway plan for developing your own practice.
  + Practical assistance to link in and engage with professional development / community activity. (for example working with an 'Arts Participation Support Practitioner' to help you settle in to a mainstream arts and cultural activity)

**Participants:** Adults with disability who have an interest in the arts or who are practicing as an artist and wanting to pursue commercial/ pathways in the arts market.

**Eligibility:** Pathway option for artists from core programs or individual artists wishing to explore more professional practice.

**Cost:** NDIS participant cost per session, 40 sessions per year (includes materials). Contact us for a quote.

**When:** By Appointment

**Social Enterprise**

The core visual art studios, lead artists are able to provide professional guidance for individuals interested in product development and marketing opportunities locally.

**Funding Your Participation**

If you identify as having an impairment or disability, we are a registered NDIS provider so your participation with our therapeutic services can be funded in this way. Discuss with your planner your eligibility for receiving funding for therapeutic services and incorporate this cost into your funding package.

If you do not identify as having an impairment or disability you can still access some of our services. Whilst the service is delivered by a not-for-profit community service organisation that specializes in working with people who identify as having a disability, we also provide services to the broader community. Please make contact to discuss your needs.

**Bringing your own agency based support worker**

You or someone you support has chosen to do a specialist art program lead by qualified disability arts practitioner’s. The staff are exceptionally skilled at trying to find ways for people to engage with art making regardless of physical limitation and impairment. It is our staff’s responsibility to engage the individual in the creative process. If bringing a support worker, they need to be available for the client when they need assistance with personal support/direct care only (including behavioral support).

We recommend if you are considering bringing a support person with you that you have the same staff member each week.

Please see attachment 2 for further information you can give to the person you employ to support your participation.

**For Further information**

**April Welfare – Senior Studio Coordinator**

Email: [april.welfare@Melbasupport.com.au](mailto:april.welfare@Melbasupport.com.au)  
Ph: 03 - 5331 7924  
Fax: 03 - 5338 7992  
Address: 602 Urquhart Street, Ballarat, 3350  
Postal Address: P.O. Box 40N, Ballarat North 3350



**Are you supporting a person who uses Arthur Creative Services?**

The person you are supporting today has chosen Arthur Creative Services as part of their weekly program. This person pays for this service out of their ISP or may self-fund. They pay for a 3 hour block of specialist arts based tuition.

Arriving on time and staying until the end enables the client to get their monies worth! If you play a role in transport, allowing enough time to arrive 5 minutes before the scheduled start is advisable.

The main focus of your participation as support worker is to be there for any personal support/direct care needs this individual may have. Whilst not performing this role, you need to be passive and non - participatory with both the individual you support and the rest of the workshop group unless directed by the lead artist running the workshop.

During the workshop, you will negotiate with the person you support and the lead artist/staff where you will base yourself for the shift when not needed for active support. It is important that you are readily available and comfortable.

Any non-participating people in the studio are to remain passive. This includes support workers. *(in most instances – if you and the person your supporting find ways to engage you in creative practice then this can be negotiated but has to be client led)*

If you wish to leave the room/complex (for a toilet break etc.) please check with the person you support first that it is ok, and then let lead artist/staff know.

**When in the studio DO NOT**

* Talk on your mobile phone
* Talk with other support staff
* Move around the space (unless necessary)
* Talk to the person you are supporting from across the room , if you need to attend to them during a workshop, walk over to them, remove them from the group activity and talk quietly
* Talk with your employer if they have some work you could do remotely

**Who assists the individual to participate?**

The person you support has chosen to do a specialist art program lead by qualified disability arts practitioner’s. The staff are exceptionally skilled at trying to find ways for people to engage with art making regardless of physical limitation and impairment. It is our staff’s responsibility to engage the individual in the creative process. As a support worker you need to be available for the person when they need assistance with personal support/direct care only (including behavioral support). There are times when the lead artist may ask you to assist the person you support creatively. Please be led by them.

**Specific to the visual art studio (art)**

Unless asked by the lead artist/staff, you are not to be involved in any of the individuals art work.

**Specific to the performing arts studio (drama)**

Both participating in, and running a Drama workshop requires great focus and concentration. Any background noise and distraction can damage the integrity of the work being done. It is essential that there is no noise.

**The down time – What can you do?**

Whilst in the studio the person you support is working hard and focused on the workshop, for you as a support person, there is a lot of down time so we recommend passive activity to keep you busy, and quite!!!

Some suggestions:

* Reading book / Magazine
* Knitting!
* IPad/Smart phone (no sound)
* Paperwork

**More information**

If you would like to discuss this with an Arthur Staff member – please approach the workshop leader during break time and they will be happy to have a chat.

We hope you enjoy being a part of this creative space and if you have any questions, concerns, suggestions, please do not hesitate to let us know!